

- DESIGNATES CALENDAR EVENT
- ◆ DESIGNATES GRAND PRIX EVENT

Santa Barbara Athletic Association 2012 Calendar of Events

For information on races, up-to-date race results, and Grand Prix standings: www.SBrunning.org
Race Photos: www.santabarbarapix.com

Sponsored by:



Santa Barbara Athletic Association Membership – Grand Prix APPLICATION

NEW YEAR'S RESOLUTION DAY ◆ January 1, Sunday, Grand Prix - 5K	5K 8:00am, 10K 8:45am • Leadbetter Beach – Note different location for 2012! – Start the Year with an invigorating oceanfront run. Free for 17/under. Wally Marantette • (805) 965-3671 • sbaa@cox.net • www.sbrunning.org
SANTA BARBARA CROSS COUNTRY CHAMPIONSHIPS BY CLUB WEST ■ January 15, Sunday	6 mi. 9:00am, 3 mi. 9:15am, Free Kids Mile 10:15am • Elings Park (Las Positas Road) – Start/finish at the upper soccer fields. Free for 17/under. Bring an award to share. Register race morning only. Kevin Young • (805) 564-3400 kyoung@sbre.com
SUPER BOWL 4-MILER ◆ February 5, Sunday	4 mi. 9:00am Stow Grove Park in Goleta (La Patera & Cathedral Oaks) - 5th annual Super Bowl 4-miler is a great way to start Super Bowl Sunday. Flat/fast course. Jose Gonzalez (805) 845-0119 • jose@sbactionpro.com • www.sbactionpro.com
6th ANNUAL CARPINTERIA KIWANIS WINTER WARM-UP RUN ◆ February 19, Sunday	5K 8:00am • Carpinteria Bluffs, Bailard Ave. – Unique, cross-country style race along the Carpinteria Bluffs. Post-race fruit & other goodies. Register at Active.com. CarpKiwanis@gmail.com • www.carpkiwanis.org
ROSES EN LA PLAYA ◆ February 26, Sunday	5K 9:00am Leadbetter Beach – Out-and-back course along Shoreline Park and the Mesa. Awards/prizes & post-race activities. Jose Gonzalez (805) 845-0119 • jose@sbactionpro.com • www.sbactionpro.com
CARPINTERIA EDUCATION FOUNDATION 20TH ANNUAL ORCHARD TO OCEAN ◆ March 10, Saturday, Grand Prix - 10K	10K 8:00am, 5K 9:15am, 1 Mile Fun Run • Main School, 5241 8th Street – Run along ocean front bluff benefits Carpinteria schools. Awards/food/raffle/music. Patricia Alpert • 805-566-1615 patricia@carpeducationfoundation.org
BARBARA IRELAND WALK FOR THE CURE ■ March 17, Saturday	10 mi. 8:00am • Chase Palm Park – Scenic walk/run along the waterfront. 100% of proceeds benefit breast cancer research at Cancer Center of Santa Barbara. Stephanie Carlyle • (805)898-2116 • stephanie@ccsb.org • Online registration: www.ccsb.org/events/irelandwalk2012
KENDRA'S RACE, UCSB TRIATHLON ■ March 31, Saturday	8:00am • UCSB, Campus Point – Sprint distance 1/2 mi. swim / 16 mi. bike / 3 mi. run - All proceeds benefit the UCSB Triathlon Team & Kendra Chiota Payne Memorial Fund. Stepan Paul & Lauren Capone: racedirector@kendrasrace.com • www.kendrasrace.com
8th ANNUAL PEABODY SCHOOL RUN ◆ April 1, Sunday, Grand Prix – 10K	10K 8:00am, 5K 9:15am • Goleta Beach County Park – Flat & fast 5K/10K along the bike path. Refreshments. Garrett Headley • (805) 284-1152 • gtheadley@yahoo.com • www.peabodycharter.com
ARE YOU TOUGH ENOUGH ■ April 7, Saturday	65 miles • Toro Canyon Park to Nojoqui Falls Park – Solo or five-person teams. An Italian finisher called it the most beautiful course in the world. Life is evanescent; this is fun. Jim Kornell • (805) 452-8660 • jim.kornell@gmail.com • areyoutoughenough.wordpress.com
SANTA BARBARA "CHARDONNAY" 10-MILER & 5K ◆ April 14, Saturday, GP – 10-miler	10 mi. & 5K 8:00am • Leadbetter Beach – Beautiful oceanfront course. Music/refreshments/awards. Jose Gonzalez (805) 845-0119 • jose@sbactionpro.com • www.sbactionpro.com
RUN SANTA BARBARA NITE MOVES SUMMER SERIES ◆ Wednesday's, April 25 – August 29 (except July 4)	5K Run/Walk 6:35pm, 1K Ocean Swim 6:25pm, Grand Prix – April 25 & August 22 • Leadbetter Beach – S.B.'s premier social, fitness event for casual or competitive. Refreshments/music/raffle/kid's events. Jake Clinton (805) 284-4720 • www.NiteMoves.org
GAUCHO GALLOP presented by Citrix Online ◆ April 28, Saturday, Grand Prix – 10K	Doggie Dash 8:15am, 10K/5K 9:00am, Kid's Dash 10:00am • UCSB Harder Stadium – Fun race on beautiful UCSB campus. SB RunninBenefits UCSB student scholarships. (805)893-8416 • info@UCSBruns.com • www.UCSBruns.com
3rd ANNUAL LAKES OF LOVE RUN/WALK FOR CANCER RESEARCH ■ May 26, Saturday	4 miles 9:00am • Stow Grove Park, Goleta – Lakes of Love is organized by local youth and will benefit the Cancer Center of Santa Barbara. lakesoflove@gmail.com • http://lakesoflove.weebly.com
PLATINUM PERFORMANCE STATE STREET MILE ◆ June 3, Sunday	1 mi. First Heat 8:00am • State St. & Pedregosa St. – Fast gradual downhill through downtown S.B.. Age Group, Family Fun Mile, Dog and Elite runner races. Benefits District Attorney's Office Victim/Witness Assistance Program. Prize money/course record bonus/refreshments. Megan Rheinschild • (805) 568-2400 www.sbmile.com

SANTA BARBARA REEF & RUN ■ Tuesday's, June 5 – September 11	1 mi. ocean swim 6:25pm, 1K ocean swim 6:30pm, 5K run/walk 6:35pm. Duathlon 1K swim/5K run. • Cabrillo Bathhouse – flat, fast, fun run for family or competitive athlete. Beverages/music/raffle in a casual beach setting. Jane Cairns • (805) 886-8123 • www.reefandrunk.org
VICKI'S 3000 ◆ June 9, Saturday	3000 Meters, 1st Heat 8:30am • Westmont College Track – Benefits Special Olympics. Race day entry only; no shirt. Leah Etling • etling@hotmail.com
SEMANA NAUTICA 15K ◆ July 4, Wednesday	15K 8:00am • San Marcos High – Granddaddy of central coast events. 58th annual Semana Nautica 15K traditionally on 4th of July. Free for 17/under. Goleta Valley. Wally Marantette • (805) 965-3671 • sbaa@cox.net
SANTA BARBARA KID'S TRIATHLON ■ July 21, Saturday	8:00am • Dos Pueblos High School, Goleta - Juniors (7-10) 100m swim/5K bike/1K run, Seniors (11-15) 200m swim/10K bike/2K run. J. Ritterbeck, USAT Certified Race Director • (805)448-8927 jritterbeck@sbkidstriathlon.com • www.sbkidstriathlon.com
WESTMONSTER 5K ◆ August 16, Thursday	5K 6:15pm • Westmont College Campus – 3rd annual cross-county race on beautiful Westmont campus. Open for all runners. DeAnna Odell • 805 455-0579 • deannaodell@gmail.com • www.westmont.edu/athletics
34th MCCONNELL'S ICE CREAM ENDURANCE EVENTS ◆ August 19, Sunday, Grand Prix - 10K	5K 8:30am, 10K 9:30am, Kid's Mile 11:00am • Goleta Beach County Park – USATF certified out-and-back course. Free for under 18 or over 70. Fruit buffet/awards/ribbons & ice cream to all! Kevin Young • (805) 564-3400 • kyoung@sbre.com • www.runforlife.org
SANTA BARBARA TRIATHLON & SPORTS EXPO ■ August 24 - 26, Friday - Sunday	Long course (Sat.7am): 1 mi. ocean swim/34 mi. bike/10 mi. run. Sprints (Sun.7am & 8am): 500 yd. ocean swim/6 mi. bike/2 mi. run • East Beach, Cabrillo Bathhouse – 31st Anniversary! With Long and Sprint course options you're guaranteed memorable moments at this popular community event. Co-Ed, Women-Only, Parent-Child & Just-For-Fun categories. (805)682-1634 • www.santabarbaratriathlon.com
RUN SANTA BARBARA PIER-TO-PEAK HALF-MARATHON ◆ September 2, Sunday	13.1 mi. 6:30am • Stearns Wharf (Cabrillo at State St.) – The "World's Toughest Half-Marathon". Uphill from sea level to 4,000 ft. finish overlooking S.B.. Prizes/refreshments. Limited entries. Jake Clinton • (805) 284-4720 • www.RunSantaBarbara.com
GOLETA EDUCATION FOUNDATION 4-MILER ◆ September 16, Sunday	4 mi. 8:30am - Goleta Union School District Office (401 N. Fairview Rd.) – Fun & unique course through scenic Lake Los Carneros. Benefits music & physical education programs in Goleta's elementary schools. Refreshments/awards/raffle/music. Nancy Knight • nknight@goleta.k12.ca.us
15th ANNUAL CARPINTERIA TRIATHLON ■ September 30, Sunday	Olympic 7:30am: 1.5K swim/40K bike/10K run. Sprint 8:15am: .5K swim/15K bike/5K run • Carpinteria Beach – Ocean swim, rolling foothills bike & scenic run. Novice & seasoned racers. USAT sanctioned. Limited entries! Ann Meyer • (805) 684-5405 x 432 • annm@ci.carpinteria.ca.us • www.carpinteriatriathlon.com
35th ANNUAL CARPINTERIA KIWANIS BIG AVOCADO RUN ◆ October 7, Sunday	5K 8:00am • Carpinteria Bluffs, Bailard Avenue – Unique, cross-country style race along the Carpinteria Bluffs. Post-race fruit & goodies. Register at Active.com. CarpKiwanis@gmail.com • www.carpkiwanis.org
FOX FALL XC CLASSIC ◆ October 13, Saturday	5mi. 8:00 am • Lake Los Carneros – Oktoberfest running in Santa Barbara. No major hills but plenty of attention-worthy footing. Free to 17/under. Tim Strand • timothystrand@yahoo.com
CANCER CENTER of SANTA BARBARA 5K WALK/RUN & 10K RUN ■ October 14, Sunday	10K 8:00am, 5K Walk/Run 8:30am, Kid's Fun Run 10:00am • Montecito Union School – 100% of proceeds benefit local cancer research. Unique Montecito course, Biltmore buffet/prizes/raffle. Stephanie Carlyle • (805) 898-2116 • stephanie@ccsb.org • Online registration: www.ccsb.org/events/walkrun2012
SANTA BARBARA INTERNATIONAL MARATHON & HALF-MARATHON ◆ November 10, Saturday, Full & Half GP	26.2 mi. & 13.1 mi. • Santa Barbara City College – 4th annual. Santa Barbara's premier running event. Limited entries. Excellent race expo. Rusty & June Snow • sbmarathon@cox.net • www.sbmarathon.com
34th ANNUAL UCSB RECREATIONAL SPORTS TURKEY TROT ■ November 17, Saturday	10K 9:30am, 5K Run/Walk 9:45am • UCSB – Benefits Chad Briner Student Professional Development Fund & the SB Foodbank. Trail run along the lagoon & thru IV. Awards/raffle prizes, free Woodstock's pizza. Bring donations for SB Foodbank. UCSB Recreational Sports, Paul Lee/Marcus McMullen • (805) 893-3908 or 893-3253 • Register: www.gauchosplay.com
RUN SANTA BARBARA THANKSGIVING FOUR MILER ◆ November 22, Thursday	4 mi. 9:00am • Magnolia Center – Santa Barbara's flattest & fastest 4-miler. Prizes/gifts courtesy of Run Santa Barbara & State Street Arcade. Jake Clinton • (805) 284-4720 • www.RunSantaBarbara.com

The Santa Barbara Athletic Association is a group interested in running or sport walking for fitness, competition and camaraderie. The membership is comprised of all kinds of runners or former runners ranging from the casual jogger to the elite class racer. We have appreciated the benefits of running and want to return something by contributing to the local running community. One of ways we do this is by organizing several running events each year. In 2012 we will direct the New Year's Resolution Run (5/10K) and the Semana Nautica 15K (July 4th) as well as be associated with the Santa Barbara International Marathon/Half-Marathon. To help support and encourage youth participation a free entry is available to runners 17 years-old/under for the Resolution Day & 15K events.

Benefits to SBAA members include:

- ◆ A member discount at Santa Barbara Running and other valuable runner friendly discounts for a variety of local goods and services.
- ◆ A \$5 discount for early entries to the SBAA races.
- ◆ Eligibility to participate in the Grand Prix series
- ◆ Coached workouts (call for details)
- ◆ The SBAA website at SBrunning.org
- ◆ Our Calendar of Events provides a yearly listing of the organized local races and Grand Prix information.
- ◆ An opportunity to be part of a group interested in promoting the welfare of running/walking in the Santa Barbara area.

We expect our members to be participatory. The Association's bylaws specify that members be residents of the tri-counties (Santa Barbara, Ventura or San Luis Obispo) when they join. If they subsequently move away, membership is still possible.

- Joining or Renewing SBAA membership & entering the 2012 Grand Prix \$40 or \$15 17/younger
- Joining or Renewing SBAA membership \$30 or \$5 17/younger

Already a member, entering 2012 Grand Prix \$10
Join online at www.sbrunning.org or fill out and return the following:

Name:
Address:
City: Zip:.....
Phone (h):..... (w):
E-mail:.....
Today's Date: Birth Date: M/F:.....

Amount enclosed: \$.....

Please make checks payable to SBAA and mail to:
4476 Meadowlark Lane, Santa Barbara, Ca. 93105
Phone: 964-2591



JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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