

College, Beacon Hill, Freedom Hall, Museum of Science, Museum of Fine Arts, New England Aquarium, JFK Library, USS Constitution, Fenway Park, Boston Tea Party Ship, Computer Museum, Paul Revere's House, Old North Church, etc.

Expo: Grade A+. This is the mother of all running expos located at the Hynes Convention Center. More than 150 exhibitors. Each major shoe company had their superstar marathoners signing autographs, i.e., Bill Rodgers, Joan Benoit Samuelson, Olga Markova, Steve Spence, Wanda Panfil, Ibrahim Hussein, Kim Jones, Lisa Weidenback, Grete Weitz, etc.

Fans: Grade A+. The New Englanders formed a winding 26 mile mass of humanity comprising at least one million spectators who play a pivotal role in the drama unfolding on the pavement. These supporters create a wave of euphoria that is one continuous rush. The greatest rush occurred at mile 13 where the ladies of Wellesley College create a 1/2 mile tunnel of sound.

I appreciated the fans the most between the two mile water stops. Everywhere there were children giving you cups of water, oranges, and ice. A continuous water station.

Course: Grade A+. The race starts at noon at the Hopkinton's First Congregational Church. The next 13 miles the course snakes through 8 small communities. Each community has its own distinct landmarks, people, and terrain. From mile 13 to 18 I considered the beautiful part of the course as we ran along the Charles River Valley and Newton Lower Falls. At Mile 18 to Mile 22 comes the four mile uphill climb and Heartbreak Hill. I definitely have run harder and longer marathon hills than Heartbreak Hill but never so close to the finish of a marathon. More marathoners struggled here than at the finish line. The top of Heartbreak Hill is like the top of the world because there is only one way to go - down. These last four miles has literally hundred of thousands of spectators who show their approval from the sidewalks,

balconies, and rooftops as runners pass.

Weather: Grade D. The weather started at 70 degrees at noon and by 3 P.M. was 76 degrees. The locals informed me that this was the hottest day in New England this year. Fortunately, we could tolerate the heat but unfortunately there were many who did not. At the medical tent there were more marathoners with heat related medical problems than any previous year. In fact, they ran out of intravenous solution and had to declare a medical emergency so that the local hospitals could immediately restock their supplies.

Overall, the marathon was an "A". Hopefully, we can return for the 100th Boston Marathon.

RUNNER'S PROFILE by Joe Howell

If you are curious what Patsy Dorsey does with her free time, just listen to her answering machine. In one breath, she instructs the caller that they have the correct number if they are trying to get information concerning "the class of 1963 Bishop High School Reunion, the Santa Barbara Nine Trails Run, the Santa Barbara Half Marathon or the Semana Nautica 15K". If you actually reach Patsy, she will undoubtedly tell you about the wonders of the Aptos Trail Marathon that she just finished, or any one of several other past or future ultra marathons, triathlons or other endeavors.

According to Patsy, her first experience in an organized run was in 1983, with Paul Gilbert's encouragement. At the time, Ventura and Solvang were the farthest points of her travels. Since then she literally has run and competed all over the world.

Patsy went from strictly running events to triathlons in 1985, competing in the Oxnard Triathlon at the standard Olympic distance. She has now competed in numerous triathlons, including one at the standard Ironman distance, the Vineman, in August 1990. Her favorite events now seem to be trail runs, any run that is very long and triathlons. For those of you who

have been in the Santa Barbara running community for a while, you also know that Patsy is an indefatigable volunteer and director for many local events.



SBAA Member: Patsy Dorsey

Age: 47

Employment/Family: Bookkeeper for Boeddeker Chevron. I have four children, seven grandchildren and one adopted pre med student who I found touring the California coast.

Other Sports/Interests: Swimming, biking, hiking, dancing, traveling, and reading.

Running Highlights:

Favorite Distance & PR at same: 50 miles best time at American River 50 with a 10:22

Best Race and Why: Every time I think it can't get better, but it does! So the best race is always the next one.

Worst Race and Why: L.A. Marathon - boring flat course, smog, too crowded, and no refreshments at the finish for us back of the packers.

Average Weekly Mileage (last 12 months): 40-60 up to 80 when in ultra season.

Favorite Local Race: Gaviota Pass 15K

Goals (Realistic) for 1993: To qualify for the Boston Marathon

Goals (Wildly Optimistic) before Year 2000: Before the year 2000 - run the TransAm(it takes 3 months) or Badwater (the course is from Death Valley to the top of Mount Whitney).

Why I Run: It makes me feel good

My Runner Hero & Why: Helen Kline - At the age of 68 she ran the Grand Slam. That's five 100 mile runs within an 11 week span.

Personal Training Tips: ENJOY!

I love (hate) runners who...: I love runners who acknowledge and encourage back of the pack runners such as me...I hate bandits.

Suggestions for local races: 5K and 10K trail runs.

My views on running: Running has taken me many places I would otherwise not have seen. I have run in cities such as New York, San Diego, San Francisco, Long Beach, Aptos, St. George, Lompoc, Steamboat Springs, Santa Rosa, Oatman, Big Sur, Tahoe, Berlin and Hawaii.

Quote: "I can come in last and still feel like a winner. Come to think of it, there have been races when I have been last and have been the winner."