

RUNNER'S PROFILE by Joe Howell

There are a number of local runners who I have tried to feature in this column but who have eluded me. Last week, as I sat in Municipal Court on jury duty, I spotted long-time SBAA member, frequent race director, legendary UCSB miler and fellow juror Steve Bushey. Realizing that he was going nowhere for the next several hours, Steve provided the information for his profile.

Steve was raised in Santa Barbara and ran track and cross-country on the UCSB team. In 1972, Steve set the UCSB one mile track record, with a time of 4:08.8. His record stood until 1993. (Of course, one could argue with enhancement in running shoes, the improvements of the track, and other factors in the 20-year span, Steve's record still stands!)

Steve has also been a dedicated SBAA member, having served as co-race director of the Semana Nautica 15K for many years and as race director of the Santa Barbara Half Marathon. The races that Steve directed were always well organized, and the T-shirts from his races (several of which he personally designed) were outstanding. In fact, the T-shirt that he developed for the Fiesta 15K won second place in the annual Runner's World Race T-shirt contest.

With a growing family and growing business (pun intended), Steve has had less time to devote to running and SBAA activities, but like all great runners, he is bound to return to the local racing scene. (Steve, don't be in too big a hurry—our age group already has too many phenoms.)

Basic Information

Name: Steve Bushey

Age: 46

Employment/Family: Landscape Gardener,
Wife - Margie

Kids - Jay 3 ½, Lacey 1 ½

Other Sports/Interests: Beach volleyball,
camping.

Running Highlights

Favorite Distance & PR at same: 5K 16:16

Best Race and Why: 4:08.8 mile, UCSB 1972 - The race was a nice blend of fulfilling a dream (winning a race and setting the record) and affirming the "pay-off" of consistent training.

Worst Race and Why: Seattle Zoo Run 1990 - Not only was I completely out of shape, but unknown to me my friend John Tobin videotaped most of the race (all on my 40th birthday!).

Average Weekly Mileage (last 12 months): ha!

Favorite Local Race: SB ½ Marathon

Cold Springs Tavern 4 mile

1st 2 miles 8:57

2nd 2 miles 16:42

Goals (Realistic) for 1996/1997: Run 3 days a week and lose 15 pounds (pretty pathetic huh?)

Goals (Wildly Optimistic) before Year 2000:

Sub 36:00 10K on a consistent basis;

Sub 18:00 5K

